



**FIND YOUR REASON TO GIVE.**

**FIND YOUR Y.**

**BALLROOM DANCING FUNDRAISING EVENT**



**BALLROOM DANCE. DONATE. FEEL GOOD.**

Your support helps the Y ensure that everyone has access to life-saving programs and opportunities that will help them reach their full potential.

**\$65**

**CAN SAVE A LIFE**

by teaching youth critical water safety skills

**\$225**

**GIVES A CHILD**

a safe, nurturing place to be, providing opportunities to make friends and grow academically

**\$500**

**INVESTS IN**

improving the quality of life for adults & seniors by helping them stay active, healthy & connected

**Saturday, March 22nd | 1:00p-3:30p**

**Y Group Exercise Studio**

**Donation of \$50 per couple to participate!**

**\*Advanced registration preferred\***

**Register in Member Center!**

John Ross has been teaching dance since 1982. He has performed with Buddy Schwimmer's Northern California dance team and has studied with top competitors in Europe and America. John has also taught couples preparing for weddings, vow renewals and other events. He brings great expertise to an accessible place for the average person wanting to increase skill and comfort on the dance floor.

At this workshop you will learn the Fox Trot. It got its name from Harry Fox in the 1920's. It is an incredibly versatile dance that can be done to a wide variety of music.