

YOUTH FENCING MINI CAMP



3:30-5:30PM

July 19th -23rd

**FOR CHILDREN AGES 7-13
Taught by Sheeka Burchard**

All levels welcome!

**Activity Center, immediately following Kids Club
Summer Camp**

**For more information, contact Becky Ennis @
545-9622 x 3128. Register in the Member Center.**



THIS SAFE, HIGH-ENERGY OLYMPIC SPORT ENHANCES:

- COORDINATION
- MENTAL AGILITY
- CAMARADERIE
- HONOR
- RESPECT
- ONE-ON-ONE COMPETITION

SKILLS STUDENTS WILL LEARN:

- THRUSTS
- LUNGES
- PARRIES (deflections)
- RIPOSTES (quick maneuvers)

No equipment to purchase

Mask, jacket, glove & foil provided. A T-shirt, long pants & athletic shoes are worn during class.

MINI CAMP FEES:

FACILITY MEMBERS/\$169

PROGRAM MEMBERS/\$179

NON-MEMBERS/\$189

Photo taken in Madrid, Spain by Sheeka Burchard



The YMCA is pleased to announce our collaboration with North Bay Fencing Academy under the direction of Peter Burchard. He has over 35 years of expertise, is a fencing master and holds degrees from the U.S. Fencing Coaches Association & the Military Masters' Program. In addition, your youth instructor, Sheeka Burchard has worked with children for many years.

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<http://www.scfymca.org> The YMCA is a not-for-profit, community organization. Financial assistance is available.