

Now
3 days &
2 nights!

TEEN MINI-EXTREME Caravans

Join in on exciting and challenging adventures with **TEEN EXTREME!** Each Caravan offers exciting adventures that will last a lifetime. **TEEN EXTREME** Caravans include all costs and a YMCA tee shirt. Teens will provide all of their own personal gear. **TEEN EXTREME** staff are college-aged students who have experience in outdoor overnight adventures. Each trip leaves and returns at the YMCA on 1111 College Ave. in Santa Rosa.

San Francisco Exploration

Dates: June 28-June 30

Ages: 11-14

TEEN EXTREME will explore beautiful San Francisco and all it has to offer! We'll visit the Sea Lions at Pier 39, get some chocolate at Ghirardelli Square, hike to the top of Coit Tower to gaze out upon a great view of the city, and spend time discovering little known facts about San Francisco! Best of all, we'll head to the famous Exploratorium for a sensationally scientific afternoon!

PARENT MEETING: TBA

Fees: \$ 205 Facility Member
\$ 225 Program Member

Outdoor Adventurer!

Dates: July 26-28

Ages: 11-14

This **TEEN EXTREME** caravan is unlike the rest! We'll teach you three ways to build a campfire, how to tie knots (and when to use them), and how to identify constellations in the night sky! On this trip, you'll learn how to prepare and cook delicious meals outdoors (and baking, too!) We'll spend a day kayaking in beautiful San Francisco Bay. This trip is specifically designed for you to develop new skills as a young outdoor adventurer!

PARENT MEETING: TBA

Fees: \$ 205 Facility Member
\$ 225 Program Member

Sun, Sand, and Santa Cruz Mystery

Dates: July 12-14

Ages: 14-17

We'll load up and head out to Santa Cruz for some fun in the sun! Together we'll hike gorgeous trails in the Santa Cruz Mountains, spend an afternoon playing in the waves at the beach, and visit the Pt. Sur Lighthouse. Our minds will be blown at the Winchester Mystery House when we see balls roll uphill and other weird phenomena!

PARENT MEETING: TBA

Fees: \$ 205 Facility Member
\$ 225 Program Member

Russian River Rendezvous

FOR STRONG SWIMMERS ONLY

Dates: August 2-4

Ages: 14-17

It's time to load up the vans and head to the river! On this trip we will go hiking in the redwoods, swimming in the ocean, and hang out at Fort Ross. Our second day will be a canoe trip down the Russian River followed by camping under the stars!

PARENT MEETING: TBA

Fees: \$ 205 Facility Member
\$ 225 Program Member